



Total Skating Program

Learn to Skate Lessons – Series #6 2022



Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Snowplow Sam 1		4:10p - 4:40p		4:40p - 5:10p		10:00a - 10:30a	10:00a - 10:30a
Snowplow Sam 2		4:10p - 4:40p		4:40p - 5:10p		10:00a - 10:30a	10:00a - 10:30a
Snowplow Sam 3		5:10p - 5:40p		4:10p - 4:40p		10:40a - 11:10a	10:40a - 11:10a
Snowplow Sam 4 (Super Stars)		5:10p - 5:40p		4:10p - 4:40p		10:40a - 11:10a	10:40a - 11:10a
Basic 1		4:10p - 4:40p		4:40p - 5:10p		10:00a - 10:30a	10:00a - 10:30a
Basic 2		4:40p - 5:10p		5:10p - 5:40p		10:00a - 10:30a	10:00a - 10:30a
Basic 3 - 4		4:40p - 5:10p		5:10p - 5:40p		10:40a - 11:10a	10:40a - 11:10a
Basic 5 - 6		4:40p - 5:10p		5:10p - 5:40p		11:20a - 11:50a	11:20a - 11:50a
Pre Free Skate - FS 1		4:10p - 4:40p		5:10p - 5:40p		10:40a - 11:10a	10:40a - 11:10a
Free Skate 2 - 3		4:40p - 5:10p		4:10p - 4:40p		11:20a - 11:50a	11:20a - 11:50a
Free Skate 4 - 6		5:10p - 5:40p		4:40p - 5:10p			
Teen Basic 1						10:00a - 10:30a	10:00a - 10:30a
Teen Basic 2 - 3						10:40a - 11:10a	10:40a - 11:10a
Teen Basic 4 - 6						11:20a - 11:50a	11:20a - 11:50a
Adult 1						10:00a - 10:30a	10:00a - 10:30a
Adult 2 - 3						10:40a - 11:10a	10:40a - 11:10a
Adult 4 - 6						11:20a - 11:50a	11:20a - 11:50a
Adaptive			4:10p - 4:40p				
Axel			4:40p - 5:10p				
Intro To Synchro (Prerequisite = Basic 4)			5:10p - 5:40p				
Pre Hockey 1 (Prereq: S1 B1 or Independent)						10:00a - 10:30a	10:00a - 10:30a
Pre Hockey 2 (Prerequisite = PreHockey 1)						10:00a - 10:30a	10:00a - 10:30a
Pre Hockey 3 (Prerequisite = PreHockey 2)						10:40a - 11:10a	10:40a - 11:10a
Pre Hockey 4 (Prerequisite = PreHockey 3)						10:40a - 11:10a	10:40a - 11:10a
Power Hockey (Prerequisite = PreHockey 4)						11:20a - 11:50a	11:20a - 11:50a

Learn To Skate USA mission statement: To provide a fun and positive experience that will instill a lifelong love of skating.