

# The Rinx

## *2014 Summer Open*

**August 9<sup>th</sup> – 10<sup>th</sup>, 2014**

Presented by:

*The Skating Club of New York*

Sanctioned by:

***United States Figure Skating***

*and*

***Skate Canada***

Hosted by:



660 Terry Road

Hauppauge, New York 11788

(631) 232-3222 x 209

[www.therinx.com](http://www.therinx.com)



Hosted by The Skating Club of New York  
August 9 – 10, 2014

The Rinx Summer Open will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.


**USFS SANCTION:** #11442      **USFS BASIC SKILLS APPROVAL:** #11419      **CANADIAN SANCTION:** PENDING

**ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate **one level above** that for which they qualify, but they may not skate down in any event. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

**Age restrictions/requirements:** Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**ENTRIES:** Participants are encouraged to register online at <http://www.entryeeze.com>. Click on  (The Rinx Summer Open logo) to continue to The Rinx Summer Open registration page. USFS membership# is required to register. **The deadline to enter is July 9, 2014.** The Rinx/SCNY Competition Committee (LOC) may limit entries at each level and will close entries early if spaces for particular level(s) are filled. Entries will be accepted on a first-come, first-served basis. Entrants are advised to enter early. Late entries may be accepted at the discretion of the LOC, and will require an additional \$20 late entry fee. *No refunds will be granted for any reason (including medical) except for events eliminated by the LOC*

PAPER ENTRIES MUST BE POSTMARKED NO LATER THAN July 9, 2014 and a \$15 PAPER ENTRY FEE WILL APPLY. Postage metered mail will not constitute proof of timely mailing. Incomplete entries will not be accepted.

|                    |                                   |  |
|--------------------|-----------------------------------|--|
| <b>ENTRY FEES:</b> | First event (IJS) = \$110         | Additional (IJS) events = \$85 each          |
|                    | First event (6.0) = \$85          | Additional (6.0) events = \$50each           |
|                    | First event (Basic Skills) = \$65 | Additional (Basic Skills) events = \$35 each |

|  |  |
|--|--|
| <b>Please make checks payable to:</b> The Rinx<br>(additional \$15 paper entry fee for any paper entry)<br>(\$20 late fee for any application accepted after 7/9/14) | <b>Mail to:</b><br>The Rinx Total Skating Program<br>660 Terry Road<br>Hauppauge, NY 11788 |
|--|--|

**REFUND POLICY:** Entry fees will not be refunded unless the competition or event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$25 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition schedule and practice ice times will be available through <http://www.entryeeze.com> or our website at <http://www.therinx.com> approximately 1 – 2 weeks prior to competition.

**FACILITIES:** The competition will be held at The Rinx, 660 Terry Road, Hauppauge, NY 11788, Telephone: (631) 232-3222, Web address: <http://www.therinx.com>. The rink measures 200' x 85' with rounded corners and a hockey barrier. A snack bar and vending machines are located in the lobby.

**MUSIC:** Music should be on CD-R media. CD's must be clearly marked with skater's name and event. Each CD must have only one track and no more than 2 second lead time prior to music start. The official competition music must be turned in at the registration table at the time of check-in. A duplicate CD should be readily available. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the The Rinx and SCNY cannot be responsible for CDs left at the end of the competition. Please have separate CDs for practice and competition.

**LIABILITY:** U.S. Figure Skating, The Skating Club of New York and H.P.P.Rinx, d/b/a The Rinx accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **JUDGING SYSTEM:**

The International Judging System (IJS) will be used for the following events:

- *Well Balanced Program free skate events, Juvenile – Senior*
- *Short program events, Intermediate – Senior*
- *Pairs free skate events, Juvenile – Senior*
- *Pairs short program events, Intermediate – Senior*

All competitors skating in these events need to submit the planned program content form online. This form is found in the Member's Only section at [www.usfigureskating.org](http://www.usfigureskating.org) and on [www.entryeeze.com](http://www.entryeeze.com). The deadline to submit the form is July 25, 2014.

The 6.0 Majority Judging System will be used for:

- *Well Balanced Program free skate events, Pre-Preliminary – Pre-Juvenile*
- *Basic Skills (Basic 1-8, Free Skate 1-6) and Introductory free skate events (Beginner, High Beginner, No-Test)*
- *All Test Track events*
- *Team Challenge*
- *Pre-juvenile pair events*

**REGISTRATION:** Registration will end on July 9, 2014. Registration during the competition will be open one to two hours before the first event and run through the last event of the day. The registration table will be located in the main lobby of the rink. Please register promptly upon arrival.

**PRACTICE ICE:** Practice ice will be available for purchase through The Rinx Summer Open page at [www.entryeeze.com](http://www.entryeeze.com) once the competition schedule is posted. Walk-ons can pay at the front desk on the day of the practice if there is room. No music will be played on practices.

**PHOTOGRAPHY/VIDEOGRAPHY:** The competition will be videotaped and photos taken by a professional videographer and photographer. Order forms will be available in the lobby. Personal cameras may be used for personal photos, but must be battery operated. **No tripods or flash photography are permitted.** By entering this competition, permission is hereby granted to The Skating Club of New York and The Rinx to use any photographs or likeness of participants in advertising, promotional materials, etc.

**AWARDS:** Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> place.

**OFFICIAL NOTICES:** An official bulletin board will be maintained in the lobby on competition day. It is the responsibility of each competitor, parent and coach to check the bulletin board, <http://www.therinx.com>, and The Rinx Summer Open page at [www.entryeeze.com](http://www.entryeeze.com) frequently for any schedule changes and/or additional information. Skaters are requested to arrive 1 hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

**CONTACT INFO:** If you have questions, please contact Cathryn Schwab of The Rinx, Local Organizing Committee Chair at (631) 232-3222 ext 209, [CathrynS@TheRinx.com](mailto:CathrynS@TheRinx.com)

**AIRPORTS:** Long Island/Islip MacArthur Airport (10 minutes), JFK & Laganardia (1 hour)

**HOTELS:**

**Islandia Marriott**

3635 Express Drive North (LIE-Exit 58)  
Islandia, NY 11749  
631/232-3000

**Hampton Inn Long Island/Islandia**

1600 Veterans Memorial Highway (LIE-Exit 57)  
Islandia, NY 11749  
631/234-0400

**Hyatt Regency Long Island (Official)**

1717 Motor Parkway (LIE-Exit 57)  
Hauppauge, NY 11788  
631/784-1234

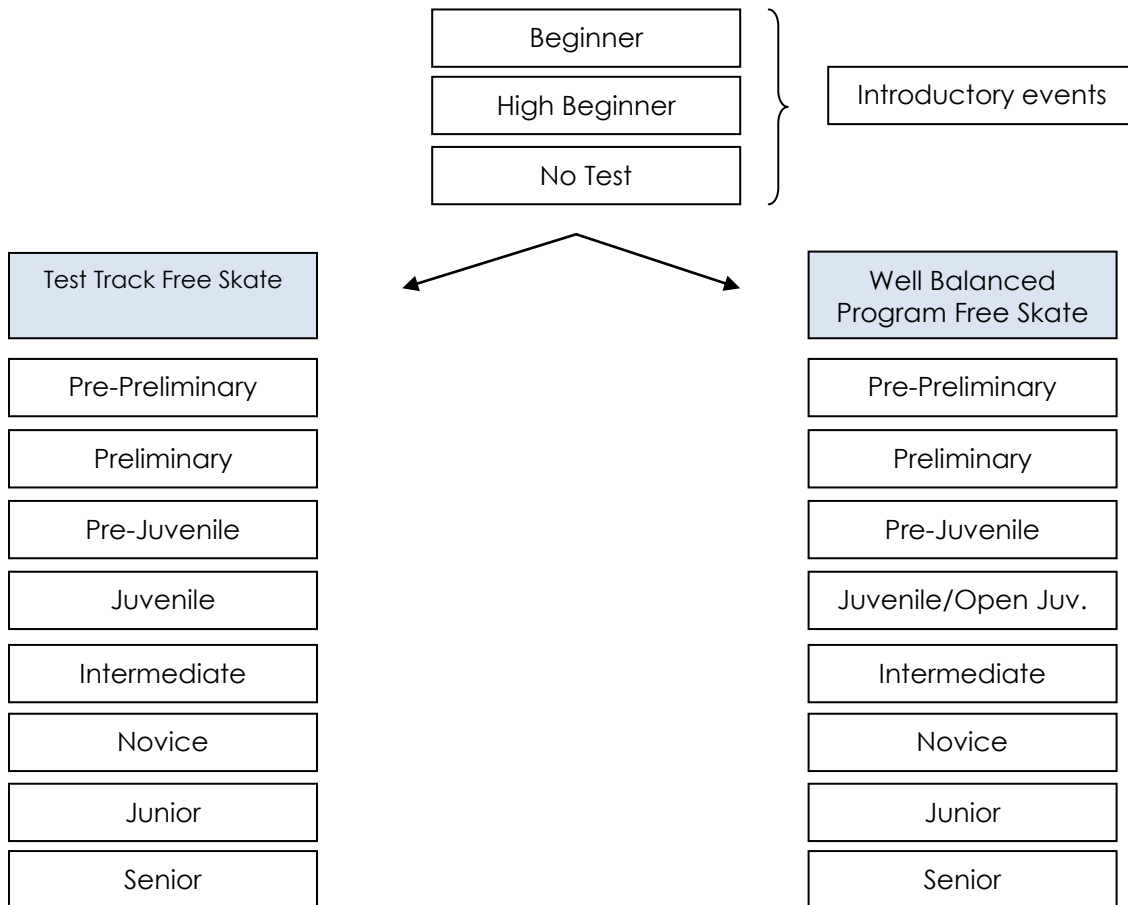
**Hilton Gardens Inn**

3485 Veterans Memorial Hwy (LIE-Exit 57)  
Ronkonkoma, NY 11779  
631/738-7800

# Events Offered

## SINGLES FREE SKATING EVENTS

Illustration of Singles Free Skating Events:



## EVENT: Introductory Levels Free Skate Program

### General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

| Level                             | Jumps  | Spins  | Step Sequences   | Qualifications  |
|-----------------------------------|--|--|--|---|
| Beginner<br>1:30 +/- 10 sec.      | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>   | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>  | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| High Beginner<br>1:30 +/- 10 sec. | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>     | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>  | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests |
| No-Test<br>1:30 +/- 10 sec.       | <i>Max. 5 jump elements:</i> <ul style="list-style-type: none"> <li>• Up to 2 may be jump combos or sequences</li> <li>• Jump combos are limited to 2 jumps</li> <li>• Jump sequences are limited to 3 single jumps (half-loop is not considered a single jump at this level)</li> <li>• No Axels or double jumps are permitted</li> </ul> | <i>Max. 2 spins:</i> <ul style="list-style-type: none"> <li>• Spins must be of different character.</li> <li>• Each spin must have a Minimum of 3 revolutions.</li> <li>• Spins may change feet, position and start with a fly.</li> </ul> | One step sequence that utilizes ½ of the ice surface                     |   |

## EVENT: Test Track Free Skate

### General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
  - 0.1 from each mark for each technical element included that is not permitted in the event description.
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

| Level                               | Jumps  | Spins  | Step Sequences   | Qualifications  |
|-------------------------------------|--|--|--|---|
| Pre-Preliminary<br>1:30 +/- 10 sec. | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>• Single rotation jumps: Salchow, toe loop and loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul> | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>   | Connecting moves and steps should be demonstrated throughout the program | Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test   |
| Preliminary<br>1:30 +/- 10 sec.     | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>   | Connecting moves and steps should be demonstrated throughout the program | Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test |
| Pre-Juvenile<br>2:00 +/- 10 sec.    | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>   | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>   | One step sequence fully utilizing ice surface                            | Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test        |
| Juvenile<br>2:15 +/- 10 sec.        | <p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps, including Axel, are permitted.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>  | <p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>• One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li>• <i>Only solo spin may fly</i></li> </ul> | One step sequence fully utilizing ice surface                            | Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test           |

|  |   |  |   |  |
|--|---|--|---|--|
| <p>Intermediate<br/>2:30 +/- 10 sec.</p>                                 | <p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>  | <p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>   | <p>One step sequence fully utilizing ice surface</p>  | <p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p> |
| <p>Novice<br/>Ladies: 3:00 +/- 10 sec.<br/>Men:<br/>3:30 +/- 10 sec.</p> | <p>Maximum of 7 jump elements for men and 6 for ladies:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>  | <p>Maximum of 3 spins, of a different nature:</p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li>All spins may fly</li> </ul>    | <p>One step sequence or spiral sequence fully utilizing ice surface<br/><br/>(see rule 4104 &amp; 4105 for remarks)</p>   | <p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>   |
| <p>Junior<br/>Ladies: 3:30 +/- 10 sec.<br/>Men:<br/>4:00 +/- 10 sec.</p> | <p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>                                  | <p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>     | <p>One step sequence fully utilizing ice surface<br/><br/>(See rule 4105 for remarks)</p>   | <p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>         |
| <p>Senior<br/>Ladies: 4:00 +/- 10 sec.<br/>Men:<br/>4:30 +/- 10 sec.</p> | <p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Must include at least four different double jumps, one must be a double Lutz.</li> <li>Triple jumps are not permitted</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul> | <p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul> | <p>Men:<br/>Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface.<br/>(See rule 4105 for remarks)</p> <p>Ladies:<br/>One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 &amp; 4105 for remarks.)</p> | <p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>  |



## EVENT: Well Balanced Program Free Skate

### General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted for pre-preliminary – intermediate.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. Either IJS or the 6.0 judging system may be used for this event.
5. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on [www.usfigureskating.org](http://www.usfigureskating.org), under "Technical Information," then "Singles/Pairs"

| Level   | Time   | Jumps   | Spins  | Step Sequences   |
|---|--|---|--|--|
| Pre-Preliminary<br>(6.0)  | 1:30 +/-<br>10 sec.<br><br>Vocal music permitted | Maximum of 5 jump elements:<br>a) Any single jumps, including Axel, allowed.<br>b) Max. 2 jump combinations or sequences<br>c) Jump combinations are limited to 2 jumps.<br>d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)<br>e) Axel may be repeated as an individual jump, as part of a jump combination or jump sequence. Max of 2 Axels.<br>f) Double or triple jumps are not allowed.  | Maximum of 2 spins:<br>a) Spins must be of a different nature<br>b) Spins may change feet and/or position.<br>c) Spins may start with a fly.<br>d) Min. of 3 revolutions   | One step sequenced that must use ½ of the ice surface.       |
| Preliminary<br>(6.0)  | 1:30 +/-<br>10 sec.<br><br>Vocal music permitted | Maximum of 5 jump elements:<br>a) One must be an Axel or waltz-jump.<br>b) Max. 2 jump combinations or sequences<br>c) Jump combinations limited to 2 jumps<br>d) Number of jumps in a jump sequence is limited to a max. of 3 single jumps (½ loop is not considered a single jump.)<br>e) Only 2 different double jumps may be attempted, selected from: double Salchow, double toe-loop, double loop)<br>f) Axel and no more than 2 different double jumps may be repeated as individual jumps, as part of jump combinations or jump sequences.<br>g) Max. of 2 Axels or any double jump.<br>h) Double flips, double Lutzes, double Axels or triple jumps are not allowed. | Maximum of 2 spins:<br>a) Spins must be of a different nature<br>b) Spins may change feet and/or position.<br>c) Spins may start with a fly.<br>d) Min. of 3 revolutions   | One step sequenced that must use ½ of the ice surface.       |
| Pre-Juvenile<br>(6.0)<br><br>* means element is required  | 2:00 +/-<br>10 sec.<br><br>Vocal music permitted | Maximum of 5 jump elements:<br>a) One must be an Axel or waltz-jump.<br>b) Max. 2 jump combinations or sequences<br>c) Jump combinations limited to 2 jumps<br>d) Number of jumps in jump sequence is limited to a max. of 3 single or double jumps. ( ½ loop is not considered a single jump at this level.)<br>e) Number of different double jumps is not limited.<br>f) Axel and no more than 3 different double jumps may be repeated as individual jumps, as part of jump combination or jump sequence.<br>g) Maximum of 2 Axels or any double jump<br>h) No double Axels or triple jumps  | Maximum of 2 spins:<br>a) 1 spin combination; with or without change of foot*, may fly.<br>b) 1 spin with only 1 position*, may fly, no change of foot<br>c) Min. 4 revolutions.; 6 revolutions for combo<br>d) Spins must be of a different nature  | One step sequence fully utilizing ice surface.               |
| Juvenile<br>(under 14 years)<br>(IJS)<br><br>Open Juvenile<br>(14 years or older)<br>(6.0)<br><br>* means element is required | 2:15 +/-<br>10 sec.                              | Maximum of 5 jump elements:<br>a) One must be an Axel-type jump*<br>b) Max. 2 jump combinations or sequences<br>c) Jump combinations limited to 2 jumps<br>d) Number of jumps in jump sequence is not limited<br>e) No more than 3 double jumps may be repeated (1 each), but only as part of combination or sequence. Max 2 of same double jump.<br>f) No triple jumps   | Maximum of 2 spins:<br>a) 1 spin combination; with/without change of foot*<br>b) 1 spin with only 1 position; no change of foot*<br>c) Both spins may start with a fly<br>d) Min. 5 revolutions; 8 revolutions. for combination<br>e) Min. 2 revolutions in position<br>f) Spins must be of a different nature | One choreographic step sequence fully utilizing ice surface. |

|   |                     |   |   |  |
|---|---------------------|---|---|--|
| Intermediate<br>(IJS)<br><br>* means element is required  | 2:30 +/-<br>10 sec. | Maximum of 6 jump elements:<br>a) 1 must be an Axel-type jump*<br>b) Max 3 jump combinations (combos) or sequences<br>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted<br>d) Number of jumps in jump sequence is not limited<br>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or sequence. Max. 2 of the same double or triple.                                  | Maximum of 2 spins:<br>a) 1 spin combination; w/without change of foot*<br>b) 1 spin with only 1 position; no change of foot*<br>c) Both spins may start with a fly<br>d) Min. 5 revolutions; 8 revolutions. for combo<br>e) Min. 2 revolutions. in position<br>f) Spins must be of a different nature  | One choreographic step sequence fully utilizing ice surface. |
| Novice Ladies<br>(IJS)<br><br>* means element is required | 3:00 +/-<br>10 sec. | Maximum of 6 jump elements:<br>a) One must be an Axel-type jump*<br>b) Max. 3 jump combinations (combos) or sequences<br>c) Jump combinations limited to 2 jumps, but one 3-jump combo is permitted<br>d) Number of jumps in jump sequence is not limited<br>e) No more than 3 double/triple jumps may be repeated; only 1 repeat may be a triple. Double or triple jump repeated only in combo or seq. Max. 2 same double or triple.   | Maximum of 3 spins:<br>a) Spins must be of a different nature<br>b) 1 flying entry with no change of foot or position*<br>c) 1 spin combination; w/without change of foot*<br>d) 3rd spin is option of skater<br>e) Min. 6 revolutions; 10 revolutions. for combo<br>f) Min. 2 revolutions. in position<br>g) Spins may change feet and start with a fly, except<br>h) For the flying spin with no change of foot or position | One leveled step sequence Fully utilizing the ice surface    |
| Novice Men<br>(IJS)<br><br>* means element is required    | 3:30 +/-<br>10 sec. | Maximum of 7 jump elements:<br>a) One must be an Axel-type jump*<br>b) Max. 3 jump combinations (combos) or sequences<br>c) Combos limited to 2 jumps, but one 3-jump combo is permitted<br>d) Number of jumps in jump sequence is not limited<br>e) One double Axel and two different triple jumps may be repeated.<br>f) If double Axel or triple jumps repeated, must be in combo or sequence.<br>g) No more than two of the same type of double or triple may be attempted. | Maximum of 3 spins:<br>a) Spins must be of a different nature<br>b) 1 flying entry with no change of foot or position*<br>c) 1 spin combination; with or without change of foot*<br>d) 3rd spin is option of skater<br>e) Min. 6 revolutions; 10 revolutions for combo<br>f) Min. 2 revolutions in position<br>g) Spins may change feet and start with a fly, except for the flying spin with no change of foot or position   | One leveled step sequence Fully utilizing the ice surface.   |
| Junior Ladies<br>(IJS)<br><br>* means element is required | 3:30 +/-<br>10 sec. | Maximum of 7 jump elements:<br>a) One must be an Axel-type jump *<br>b) Max. 3 jump combinations (combos) or sequences<br>c) Combos limited to 2 jumps, but one 3-jump combo is permitted<br>d) Number of jumps in jump sequence is not limited<br>e) 2 triples or quads may be repeated, but must be in combo or<br>f) sequence<br>g) Max. 2 double Axels as solo jump or in combo/sequence  | Maximum of 3 spins:<br>a) 1 flying entry*<br>b) 1 spin combination; with or without change of foot*<br>c) 1 spin with only 1 position *<br>d) Min. 6 revolutions; 10 revs. for combo<br>e) Min. 2 revolutions in position<br>f) All spins may change feet and start with a fly<br>g) Spins must be of a different nature  | One leveled step sequence Fully utilizing the ice surface.   |
| Junior Men<br>(IJS)<br><br>* means element is required    | 4:00 +/-<br>10 sec. | Maximum of 8 jump elements:<br>a) One must be an Axel-type jump *<br>b) Max. 3 jump combinations (combos) or sequences<br>c) Combos limited to 2 jumps, but one 3-jump combo is permitted<br>d) Number of jumps in jump sequence is not limited<br>e) 2 triples or quads may be repeated, but must be in combo or<br>f) sequence<br>g) Max. 2 double Axels as solo jump or in combo/sequence  | Maximum of 3 spins:<br>a) 1 flying entry*<br>b) 1 spin combination; with or without change of foot*<br>c) 1 spin with only 1 position *<br>d) Min. 6 revolutions; 10 revs. for combo<br>e) Min. 2 revolutions in position<br>f) All spins may change feet and start with a fly<br>g) Spins must be of a different nature  | One leveled step sequence Fully utilizing the ice surface.   |

|   |                     |  |  |  |
|---|---------------------|--|--|--|
| Senior Ladies<br><br>(IJS)<br><br>* means element is required | 4:00 +/-<br>10 sec. | Maximum of 7 jump elements:<br>a) One must be an Axel-type jump *<br>b) Max. 3 jump combinations (combos) or sequences<br>c) Combos limited to 2 jumps, but one 3-jump combo is permitted<br>d) Number of jumps in jump sequence is not limited<br>e) 2 triples or quads may be repeated, but must be in combo or<br>f) Sequence<br>g) Max. 2 double Axels as solo jump or in combo/sequence | Maximum of 3 spins:<br>a) 1 flying entry*<br>b) 1 spin combination; with or without change of foot*<br>c) 1 spin with only 1 position *<br>d) Min. 6 revolutions; 10 revolutions for combo<br>e) Min. 2 revolutions in position<br>f) All spins may change feet and start with a fly<br>g) Spins must be of a different nature | One leveled step sequence<br>One choreographic sequence<br>Fully utilizing the ice surface |
| Senior Men<br><br>(IJS)<br><br>* means element is required    | 4:30 +/-<br>10 sec. | Maximum of 8 jump elements:<br>a) One must be an Axel-type jump *<br>b) Max. 3 jump combinations (combos) or sequences<br>c) Combos limited to 2 jumps, but one 3-jump combo is permitted<br>d) Number of jumps in jump sequence is not limited<br>e) 2 triples or quads may be repeated, but must be in combo or<br>f) Sequence<br>g) Max. 2 double Axels as solo jump or in combo/sequence | Maximum of 3 spins:<br>a) 1 flying entry*<br>b) 1 spin combination; with or without change of foot*<br>c) 1 spin with only 1 position *<br>d) Min. 6 revolutions; 10 revolutions for combo<br>e) Min. 2 revolutions in position<br>f) All spins may change feet and start with a fly<br>g) Spins must be of a different nature | One leveled step sequence<br>One choreographic sequence<br>Fully utilizing the ice surface |

### SINGLES SHORT PROGRAM

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Intermediate short program – Rule 4230
- B. Novice short program – Rule 4220
- C. Junior short program – Rule 4210
- D. Senior short program – Rule 4200

### PAIRS FREE SKATING EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Pre-juvenile Pairs Free Skate – according to U.S. Figure Skating 2014-2015 Rulebook
- B. Juvenile Pairs Free Skate- according to U.S. Figure Skating 2014-2015 Rulebook
- C. Intermediate Pairs Free Skate - according to U.S. Figure Skating 2014-2015 Rulebook
- D. Novice Pairs Free Skate - according to U.S. Figure Skating 2014-2015 Rulebook
- E. Junior Pairs Free Skate - according to 2014-2015 ISU Rules
- F. Senior Pairs Free Skate - according to 2014-2015 ISU Rules

### PAIRS SHORT PROGRAM EVENTS

Pairs events will be conducted in accordance with the U.S. Figure Skating rulebook. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc.

- A. Intermediate short program – Rule 5230
- B. Novice short program – Rule 5220
- C. Junior short program – Rule 5210
- D. Senior short program – Rule 5200

## EVENT: Showcase Events – Light Entertainment Events

### Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and Scenery are permitted

### General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

## Light Entertainment Levels

|                | Event   | Must have passed(dance tests refer to solo or partnered standard track) | Must not have passed(dance tests refer to solo or partnered standard track) | Age                                   | Time     |
|----------------|---|---|---|---------------------------------------|----------|
|                | Limited Beginner, Beginner, No Test*<br><br>Note: these levels do not qualify for National Showcase | -   | Pre-Preliminary Free Skate  | No Age restriction                    | 1:30 max |
|                | Pre-Preliminary*<br><br>Note: this level does not qualify for National Showcase                     | -   | Preliminary Free Skate  | No Age restriction                    | 1:30 max |
| <b>Singles</b> | Preliminary   | Preliminary Free Skate  | Pre-Juvenile Free Skate   | No minimum age<br><b>(max age 20)</b> | 1:40 max |
|                | Pre Juvenile  | Pre Juvenile Free Skate<br>2 Preliminary Dances                         | Juvenile Free Skate or Complete<br>Pre-Bronze Dance                         | No minimum age<br><b>(max age 20)</b> | 1:40 max |
|                | Juvenile  | Juvenile Free Skate<br>Complete Preliminary Dance                       | Intermediate Free Skate<br>Any Silver Dance                                 | 13 and under                          | 2:10 max |
|                | Teen  | Juvenile Free Skate<br>Complete Preliminary Dance                       | Intermediate Free Skate<br>Any Silver Dance                                 | 14-17                                 | 2:10 max |
|                | Intermediate  | Intermediate Free Skate Complete<br>Bronze Dance                        | Novice Free Skate<br>Any Gold Dance   | 17 and under                          | 2:10 max |
|                | Young Adult   | Juvenile Free Skate<br>Complete Preliminary Dance                       | Novice Free Skate<br>Any Gold Dance   | 18-20                                 | 2:10 max |
|                | Novice  | Novice Free Skate<br>One Silver Dance                                   | Junior Free Skate<br>Any Gold Dance   | No age restriction                    | 2:10 max |
|                | Junior  | Junior Free Skate<br>Two Pre-Gold Dances                                | Senior Free Skate<br>Completed Gold Dance                                   |                                       | 2:40 max |
|                | Senior  | Senior Free Skate<br>Complete Gold Dance                                |   |                                       | 2:40 max |

|  | Event        | Must meet requirements for*  | Must not have passed          | Age          | Time     |
|--|--------------|--|-------------------------------|--------------|----------|
|  | Adult Bronze | Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test                    | Any Pre-Silver Dance Test     | 21 and older | 1:40 max |
|  | Adult Silver | Adult Silver Free Skater or Pairs Events or have passed one Pre-Silver Dance Test                            | Any Pre-Gold Dance Test       | 21 and older | 1:40 max |
|  | Adult Gold   | Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test                      | Complete Pre- Gold Dance Test | 21 and older | 1:40 max |
|  | Masters      | At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test |                               | 21 and older | 1:40 max |

*\*The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*

## TEAM EVENT

- Divided into levels according to BASIC/FREE SKATE levels
- A minimum of three skaters on a team, each skater will do one required element
- Judging done with one mark for each element (skater) for total team points

## TEAM LEVELS AND ELEMENTS:

- |   |   |
|---|---|
| <ol style="list-style-type: none"> <li>1. Basic 1 -8 Team               <ol style="list-style-type: none"> <li>a. Basic 8 Combination Move</li> <li>b. One Foot Spin (w/free leg in any position)</li> <li>c. Lunge</li> </ol> </li> <li>2. Free Skate 1 -6 Team               <ol style="list-style-type: none"> <li>a. Waltz Jump + Toeloop Combination</li> <li>b. Sit Spin</li> <li>c. Forward Outside Spiral</li> </ol> </li> <li>3. No-Test/Pre-Preliminary Team               <ol style="list-style-type: none"> <li>a. Lutz Jump + Loop Jump Combination</li> <li>b. Sit Change Sit Spin</li> <li>c. Spread Eagle, Ina Bauer or Forward Spiral</li> </ol> </li> </ol> | <ol style="list-style-type: none"> <li>4. Preliminary/Pre-Juvenile Team               <ol style="list-style-type: none"> <li>a. Axel</li> <li>b. Combination Spin</li> <li>c. Step Sequence</li> </ol> </li> <li>5. Juvenile/Intermediate Team               <ol style="list-style-type: none"> <li>a. Double Salchow or Double Toeloop</li> <li>b. Combination Spin (CoSp or CCoSP)</li> <li>c. Choreographed Step Sequence</li> </ol> </li> <li>6. Novice/Junior/Senior Team               <ol style="list-style-type: none"> <li>a. Double + Double Combo</li> <li>b. Flying Combination Spin (FCoSp or FCCoSp)</li> <li>c. Step Sequence</li> </ol> </li> </ol> |
|---|---|

# EVENT: Adult Free Skate

## General event parameters:

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. The following deductions will be taken:
  - -0.1 from each mark for each technical element included that is not permitted in the event description.
  - -0.2 from the technical mark for each extra element included.
  - -0.1 from the technical mark for any spin that is less than the required minimum revolutions.

| Level  | Jumps   | Spins  | Step Sequences  |
|--|---|--|---|
| <p style="text-align: center;"><b>CHAMPIONSHIP MASTERS JUNIOR/SENIOR &amp; MASTERS JUNIOR &amp; MASTERS SENIOR</b></p> <p style="text-align: center;">3:40 max<br/>* means element is required</p>             | <p style="text-align: right;"><b>Max. 7</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Min. 1*, max. 3 combinations or sequences</li> <li>• Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted</li> <li>• Number of jumps in sequence is unlimited, but only the two highest-value jumps in a jump sequence will be counted</li> <li>• No Axels and multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence</li> </ul>  | <p style="text-align: right;"><b>Max. 3</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>• Min. 5 revolutions total if no change of foot</li> <li>• Min. 4 revolutions each foot if change of foot</li> <li>• Min. 2 revolutions in position</li> </ul> | <p style="text-align: right;"><b>Max. 1</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Choreographic step sequence or</li> <li>• Choreographic sequence</li> </ul> <p>Must fully utilize the ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p> |
| <p style="text-align: center;"><b>CHAMPIONSHIP MASTERS INTERMEDIATE/NOVICE &amp; MASTERS INTERMEDIATE &amp; MASTERS NOVICE</b></p> <p style="text-align: center;">3:10 max<br/>* means element is required</p> | <p style="text-align: right;"><b>Max. 6</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Min. 1*, max. 3 combinations or sequences</li> <li>• Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence</li> <li>• All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop</li> <li>• Only one double-double jump combination or sequence is permitted</li> <li>• Double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul> | <p style="text-align: right;"><b>Max. 3</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>• Min. 5 revolutions total if no change of foot</li> <li>• Min. 4 revolutions each foot if change of foot</li> <li>• Min. 2 revolutions in position</li> </ul> | <p style="text-align: right;"><b>Max. 1</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Choreographic step sequence or</li> <li>• Choreographic sequence</li> </ul> <p>Must fully utilize the ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p> |
| <p style="text-align: center;"><b>CHAMPIONSHIP GOLD &amp; ADULT GOLD</b></p> <p style="text-align: center;">2:40 max<br/>* means element is required</p>   | <p style="text-align: right;"><b>Max. 5</b></p> <ul style="list-style-type: none"> <li>• Min. 1*, max. 3 combinations or sequences</li> <li>• Two combinations/sequences are limited to two jumps, and one three-jump combination/sequence is permitted</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence</li> <li>• All single jumps, including an Axel-type jump, are permitted, as are the following double jumps: double toe loop, double Salchow.</li> <li>• No double-double jump combinations or sequences are permitted</li> <li>• Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>         | <p style="text-align: right;"><b>Max. 3</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>• Min. 4 revolutions total if no change of foot</li> <li>• Min. 4 revolutions each foot if change of foot</li> <li>• Min. 2 revolutions in position</li> </ul> | <p style="text-align: right;"><b>Max. 1</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Choreographic step sequence or</li> <li>• Choreographic sequence</li> </ul> <p>Must fully utilize the ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p> |

|   |  |  |  |
|---|--|--|--|
| <p style="text-align: center;"><b>ADULT SILVER</b></p> <p style="text-align: center;">2:10 max</p> <p>* means element is required</p>     | <p><b>Max. 5</b></p> <ul style="list-style-type: none"> <li>• Min. 1*, max. 2 combinations or sequences</li> <li>• One combination/sequence may consist of three jumps, and <u>the other</u> may have only two jumps</li> <li>• Additional jump sequences which contain non-listed jumps of not more than one revolution (i.e. mazurkas, half-loops, etc.) performed as part of connecting footwork preceding single jumps are permitted</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence</li> <li>• All single jumps are permitted, including an Axel-type jump.</li> <li>• No double or triple jumps are permitted</li> </ul> | <p><b>Max. 2</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>• Min. 3 revolutions total if no change of foot</li> <li>• Min. 3 revolutions each foot if change of foot</li> <li>• Min. 2 revolutions in position</li> </ul>  | <p><b>Max. 1</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Step sequence or</li> <li>• Spiral sequence (any pattern)</li> </ul> <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p> |
| <p style="text-align: center;"><b>ADULT BRONZE</b></p> <p style="text-align: center;">1:50 max</p> <p>* means element is required</p>     | <p><b>Max. 4</b></p> <ul style="list-style-type: none"> <li>• Min. 1*, max. 2 combinations or sequences;</li> <li>• One combination/sequence may consist of three jumps, and the other may have only two jumps</li> <li>• Each jump may be repeated only once, and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>• All single jumps are permitted (except Axel)</li> <li>• No Axel, double or triple jumps are permitted</li> </ul>  | <p><b>Max. 2</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103E)</li> <li>• Min. 3 revolutions total if no change of foot</li> <li>• Min. 3 revolutions each foot if change of foot</li> <li>• Min. 2 revolutions in position</li> <li>• No flying spins are permitted</li> </ul> | <p><b>Max. 1</b></p> <p>To be chosen from:</p> <ul style="list-style-type: none"> <li>• Step sequence or</li> <li>• Spiral sequence (any pattern)</li> </ul> <p>Must use at least ½ ice surface</p> <p>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</p> |
| <p style="text-align: center;"><b>ADULT PRE BRONZE</b></p> <p style="text-align: center;">1:40 max</p> <p>* means element is required</p> | <p><b>Max. 4</b></p> <ul style="list-style-type: none"> <li>• Jump combinations and sequences are optional, but no more than 2 combinations or sequences may be included</li> <li>• One jump combination/sequence may consist of three jumps, and the other may have only two jumps.</li> <li>• Each jump may be repeated only once and only as part of combination or sequence (maximum of 2 of any jump)</li> <li>• Only single and half-revolution jumps are allowed</li> <li>• No Lutz, Axel or double jumps are allowed</li> </ul>  | <p><b>Max. 2</b></p> <ul style="list-style-type: none"> <li>• Min. 3 revolutions</li> <li>• No flying spins are permitted</li> </ul>   | <p><b>Max. 1</b></p> <ul style="list-style-type: none"> <li>• Connecting steps throughout the program are required</li> </ul>  |

## EVENT: BASIC PROGRAM EVENT: SNOWFLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

| Level               | Time               | Skating rules / standards   |
|---------------------|--------------------|---|
| Snowflow Sam<br>1-3 | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• March followed by a two foot glide and dip</li> <li>• Forward two foot swizzles 2-3 in a row</li> <li>• Forward snowflow stop</li> <li>• Backward wiggles 2-6 in a row</li> </ul>  |
| Basic 1             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Forward two foot glide and dip</li> <li>• Forward two foot swizzles 6-8 in a row</li> <li>• Forward snowflow stop</li> <li>• Backward wiggles 6-8 in a row</li> </ul>  |
| Basic 2             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Forward one foot glide - either foot</li> <li>• Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>• Moving snowflow stop</li> <li>• Two foot turn in place- forward to backward</li> <li>• Backward two foot swizzles 6 - 8 in a row</li> </ul>   |
| Basic 3             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Forward stroking</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Backward one foot glide - either foot</li> <li>• Two foot spin – minimum three revolutions</li> </ul>  |
| Basic 4             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Standstill forward outside three-turn - R &amp; L</li> <li>• Forward crossovers 4-6 consecutive both directions</li> <li>• Backward stroking - 4-6 strokes</li> <li>• Backward snowflow stop - R or L</li> </ul>   |
| Basic 5             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Backward crossovers 4-6 consecutive - both directions</li> <li>• Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>• Side toe hop -either direction</li> <li>• Hockey stop</li> </ul>   |
| Basic 6             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Standstill forward inside three-turn - R &amp; L</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line - R or L</li> <li>• Lunge - R or L</li> <li>• T-stop - R or L</li> </ul>  |
| Basic 7             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Standstill forward inside open Mohawk - R to L and L to R</li> <li>• Ballet Jump - either direction</li> <li>• Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>• Forward inside pivot</li> </ul>  |
| Basic 8             | 1:00 +/-10<br>max. | <ul style="list-style-type: none"> <li>• Moving forward outside or forward inside three-turns R &amp; L</li> <li>• Waltz jump</li> <li>• Mazurka - either direction</li> <li>• Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>• Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position - minimum three revolutions</li> </ul> |



## EVENT: Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

| Level        | Time          | Skating rules / standards   |
|--------------|---------------|---|
| Free Skate 1 | 1:30+/-10 sec | <ul style="list-style-type: none"><li>• Advanced forward stroking - 4-6 consecutive</li><li>• One-foot upright scratch spin from backward crossovers-minimum three revolutions</li><li>• Waltz jump from backward crossovers</li><li>• Half flip jump</li></ul> |
| Free Skate 2 | 1:30+/-10 sec | <ul style="list-style-type: none"><li>• Forward outside spiral - R or L</li><li>• Beginning back spin - entry optional – minimum two revolutions</li><li>• Waltz jump, side toe hop, waltz jump sequence</li><li>• Toe loop jump</li></ul>                      |
| Free Skate 3 | 1:30+/-10 sec | <ul style="list-style-type: none"><li>• Forward crossovers in a figure 8</li><li>• Back spin- minimum three revolutions</li><li>• Salchow jump</li><li>• Waltz jump/toe loop or Salchow/toe loop jump combination</li></ul>                                     |
| Free Skate 4 | 1:30+/-10 sec | <ul style="list-style-type: none"><li>• Forward power 3's, 2-3 consecutive sets -R or L</li><li>• Sit spin- minimum three revolutions</li><li>• Loop jump</li><li>• Waltz jump/loop jump combination</li></ul>  |
| Free Skate 5 | 1:30+/-10 sec | <ul style="list-style-type: none"><li>• Camel spin- minimum three revolutions</li><li>• Forward upright spin to back upright spin- minimum three revolutions, each foot</li><li>• Loop/loop jump combination</li><li>• Flip jump</li></ul>                      |
| Free Skate 6 | 1:30+/-10 sec | <ul style="list-style-type: none"><li>• Camel, sit spin combination - minimum of four revolutions total</li><li>• Split jump or stag jump</li><li>• Waltz jump, ½ loop, Salchow jump sequence</li><li>• Lutz jump</li></ul>                                     |



# THE RINX

## 2014 SUMMER OPEN

### ENTRY FORM

|                             |                            |
|-----------------------------|----------------------------|
| Name:                       | U.S. Figure Skating #      |
| Date of Birth:              | Sex:                       |
| Address:                    |                            |
| Email:                      |                            |
| Cell phone:                 |                            |
| Name of parent or guardian: |                            |
| Highest MITF test:          | Highest free skate test:   |
| Highest dance test:         | Highest pairs test:        |
| Home figure skating club:   |                            |
| Coach name:                 | Coach U.S. Figure Skating# |
| Coach email:                | Coach cell phone:          |

**Rules will be amended per any rule changes for the 2014/2015 season made at 2014 USFS Governing Council or clarified by technical notifications at [www.USFSA.org](http://www.USFSA.org).**

**Please check the event(s) you are entering:**

| Basic Skills - \$65          | Test Track Program - \$85           | Showcase - \$85                       | IJS Freestyle - \$110                         |  |
|------------------------------|-------------------------------------|---------------------------------------|---|--|
| Snowplow Sam                 | Pre-Preliminary Test                | Beg, High Beg, No Test                | Juvenile                                      |  |
| Basic 1                      | Preliminary Test                    | Pre-Preliminary                       | Intermediate                                  |  |
| Basic 2                      | Pre-Juvenile Test                   | Preliminary                           | Novice  |  |
| Basic 3                      | Juvenile Test                       | Pre-Juvenile                          | Junior  |  |
| Basic 4                      | Intermediate Test                   | Juvenile                              | Senior  |  |
| Basic 5                      | Novice Test                         | Teen                                  | <b>IJS Short Program - \$110</b>              |  |
| Basic 6                      | Junior Test                         | Intermediate                          | Intermediate                                  |  |
| Basic 7                      | Senior Test                         | Young Adult                           | Novice  |  |
| Basic 8                      | <b>Introductory Program - \$85</b>  |                                       | Junior  |  |
| <b>Free Skate - \$65</b>     |                                     | Novice                                | Senior  |  |
| Free Skate 1                 | Beginner                            | Junior                                | <b>Pairs Free Skate - \$110 (team)</b>        |  |
| Free Skate 2                 | High Beginner                       | Senior                                | Pre-Juvenile (6.0)                            |  |
| Free Skate 3                 | No Test                             | Adult Bronze                          | Juvenile                                      |  |
| Free Skate 4                 | <b>Well Balanced Program - \$85</b> |                                       | Intermediate                                  |  |
| Free Skate 5                 | Pre-Preliminary                     | Adult Silver                          | Novice  |  |
| Free Skate 6                 | Preliminary                         | Adult Gold                            | Junior  |  |
|                              | Pre-Juvenile                        | Masters                               | Senior  |  |
|                              | Open Juvenile                       | <b>Team Event - \$25 (individual)</b> |   |  |
|                              |                                     | Basic 1-8 Team                        | <b>IJS Pairs Short Program - \$110 (team)</b> |  |
| <b>Adult Programs - \$85</b> |                                     | Free Skate 1-6 Team                   | Intermediate                                  |  |
| Adult Basic Skills 1-4       | <b>IJS Adult Programs - \$110</b>   |                                       | Novice  |  |
| Adult Pre-Bronze             | Adult Gold/Championship Gold        | No Test/Pre-Pre Team                  | Junior  |  |
| Adult Bronze                 | Championship Masters Int/Nov        | Prelim/Pre-Juv Team                   | Senior  |  |
| Adult Silver                 | Championship Masters Jr/Sr          | Juv/Int Team                          |   |  |
|                              |                                     | Nov/Jr/Sr Team                        |   |  |

**ENTRY FEE = \$110 (IJS), \$85 (6.0), \$65.00 (BASIC SKILLS), + ADDITIONAL EVENTS = \$85 (IJS), \$50 (6.0), \$35 (BASIC SKILLS), LATE FEE IS \$20 (Late entries will be taken at the discretion of the LOC)**

**The completed entry form, with fees, must be postmarked no later than July 9, 2014.**

This event is a standard U.S. Figure Skating Nonqualifying Competition





# THE RINX

## 2014 SUMMER OPEN

### ENTRY FORM (pg. 2)

|                |                             |
|----------------|-----------------------------|
| Name:          | U.S. Figure Skating #       |
| Date of Birth: | Email:                      |
| Cell phone:    | Name of parent or guardian: |

Make check or money order payable to **THE RINX** and mail to: **THE RINX TOTAL SKATING PROGRAM**  
**660 Terry Road Hauppauge, NY 11788**. For additional information call: **Cathryn Schwab 631-232-3222**  
**ext. 209**

**ENTRY FEES ARE NOT REFUNDABLE FOR ANY REASON UNLESS AN EVENT IS CANCELLED BY LOC.**

|                       |                |
|-----------------------|----------------|
| First Event           | \$ _____       |
| Additional Event      | \$ _____       |
| Additional Event      | \$ _____       |
| Paper Entry Fee       | \$ 15.00 _____ |
| Late Entry(after 7/9) | \$ _____       |
| <b>Total:</b>         | \$ _____       |

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the H.P.P. RINX, dba THE RINX and The Skating Club of New York harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Instructor/coach has verified that the skater/team is entered in the correct level.

The Program Director/Club Officer has verified that the skater/team is in good standing.

**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Competitor Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Instructor/Coach Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Program Director/Club Officer** \_\_\_\_\_ **Date** \_\_\_\_\_

