



**The Rinx Summer Hockey School**  
Town Of Oyster Bay Ice Skating Center

# 2024 Parent Guide

## **Dear Parents and Hockey Players:**

As you all know, summer is quickly approaching, and like you, The Rinx Summer Hockey School is looking forward to an exciting summer. We have put together this parent guide in hopes that we can have everyone ready for hockey school and at the same time answer any last-minute questions that you may have. To insure a safe and happy daily experience for your children, please follow the procedures that have been established.

## **ARRIVAL FOR ADVANCED GROUP:**

Advance Players should arrive at 7:30 a.m. each day. On Monday of each week there will be a check in table located in the main lobby. Please drop your child's equipment off at the drop off area and then proceed to the parking lot area where you can leave your car while checking your child in. There is **no parking in the drop off area** at any time; this is a drop off area only.

## **ARRIVAL FOR SKILLS GROUP:**

Players should arrive at 8:30 a.m. each day. On Monday of each week there will be a check in table located in the main lobby. Please drop your child's equipment off at the front of building and then proceed to the parking lot area where you can leave your car while checking your child in. There is **no parking in the drop off area** at any time; this is a drop off area only.

- ❖ For the remainder of the week, you can drive up to the drop-off area and will be met at your car by one of our counselors and they will take care of your child and his/her equipment.

## HOCKEY BANK:

For your convenience, we allow the players to set up a cash bank with us for any additional expenses they may have, such as skate sharpening or an additional snack etc. We discourage players from keeping money in their bags at any time. Any money left over should be picked up on the last day of your player's stay.

## LUNCH:

Players will choose from a selection of two hot options. Peanut butter & jelly or a cheese sandwich is also available as an option daily. A side order such as apple slices, French fries, or salad will also be provided plus drinks and a dessert. The counselors will take lunch orders at the start of each day.

## MEDICATION:

All medication must be stored and administered in the EMT's office. A physician's note must be presented to the medical staff in order to dispense any medications. If your child has any type of medical condition such as asthma, allergies etc. you must fill out a medical form. Please contact the office immediately if you need a form sent to you (516) 797-4126. Forms will also be available on the camp website.

## LOST AND FOUND:

At the end of each day the counselors will check each locker room for lost items. They will then place all items found in a container, which is located in the main office.

## DISMISSAL:

Dismissal will start at 4:00p.m. All players can be signed out directly from their designated locker room. All players must be signed out by 4:30p.m.

Your child will be required to stay with his/her group until he/she is signed out. Counselors will have a sign-out sheet each day. A player will not be released to anyone other than his/her parent without advanced written permission. Permission to Pick Up forms are available in the office or on our website.

- ❖ In the event that your child is going to be picked up early, please let us know so that your child will be ready when needed.

## SPECIAL SITUATIONS:

If your child is having any difficulties, or if there is a situation at home that you feel we should be aware of, please feel free to approach Tommy or Coach Eddie at any time. You can also leave us a message at 516-797-4126.

## CELL PHONES & ELECTRONICS:

We ask that all campers leave their phones at home to avoid any issues such as damage, loss, or misuse. The Rinx is not responsible for any lost or damaged cell phones, electronics or any other valuables brought to camp.

## GRATUITIES:

Your children's counselors strive each day to make their day safe and exciting. If you care to provide the staff members with gratuities, please feel free to do so at the end of each week. The counselors are not allowed to solicit gratuities.

*If you have any questions, please do not hesitate to call. Our goal here at The Rinx Summer Hockey School in addition to building your child's skill level and self-esteem, is to provide them with a fun experience. We look forward to seeing you this summer.*

## CONTACT INFORMATION

Summer Hockey School Office: (516) 797-4126

Eddie Chlanda	Hockey Director
Tommy Palamara	Camp Director
Annette Cruz	Office Manager

*\*Group placements will be at the discretion of the Hockey Director. If at any time, we feel a child is in the wrong group, necessary changes will be made for the benefit of that child.*

**1001 Stewart Ave., Bethpage NY 11714**

**[www.therinx.com](http://www.therinx.com)**

## KEY ITEMS FOR HOCKEY SCHOOL

Your child must bring his/her equipment home with them each day. It is important **to label all items** so they can be returned if lost.

- Sneakers should be worn each day for outdoor activities
- 1 bathing suit with Ziplock bag for wet suit. Flip flops can be worn to the pool daily
- Towel
- Additional t-shirt and shorts is always a good idea in case a special situation arises

## Hockey Equipment Needed

Skates

Helmet W/ Face Shield

Shoulder Pads

Elbow Pads

Gloves

Shin Pads

Cup & Supporter

Hockey Pants

Hockey Socks

Hockey Tape

Mouth Guard

Neck Guard



# EVOLUTION OF A HOCKEY PLAYER